



A WORLD AWAY. TODAY.



TEAM BUILDING

A C T I V I T I E S





Eagle Ridge Resort & Spa offers a wide variety of group recreation events for both corporate and community groups.

These events are designed to promote leadership, communication, cooperation, and creative thinking; but above all else, these events are designed to be fun! Over and over, team-building experiences at Eagle Ridge Resort & Spa garner enthusiastic reviews from participants, who appreciate the unique, positive, and productive experience.

Choose from one of our pre-designed events or work with our recreation staff to customize an event especially for your group. Gold medals are available to winners upon request. Contact a Conference and Sales representative to begin building your group's experience!



..... [LEARN MORE](#) ►



ACTIVITY LEVELS

Eagle Ridge team-building events call for varying levels of exercise. The labels below designate an event as Easy, Low, Moderate, or High in its activity level.





AMAZING RACE



Outdoor activity | Please dress for weather and wear comfortable shoes

Tap into adventure while exploring competitive communication and problem solving. Teams navigate to checkpoints by following clues in this fun-filled and fast-paced race. At each checkpoint, the team must complete a challenge to move forward. Challenges can be riddles, puzzles, questions, or tasks. Work with our staff to incorporate concepts from your meeting or history of your company. See whose teamwork makes them the proud winners of the Amazing Race!

- \$25 per person, \$300 minimum
- Great for groups up to 60 people
- Allow 1 to 2 hours

We welcome the challenge of creating new adventure, so don't hesitate if you've completed an Eagle Ridge Amazing Race before.



SIGNATURE

TEAM BUILDING EVENTS



PAPARAZZI BINGO



Outdoor activity | Please dress for weather and wear comfortable shoes | Vehicles

Teams work creatively together to complete each task on a bingo card. Task descriptions are open to interpretation so teams must reflect and communicate on the task's meaning. Team photos taken during the game are transferred to a flash drive for viewing during your meeting, or one of your meals.

Want to explore downtown Galena, it's history, and storefronts in a Scavenger Hunt? Ask your coordinator for more details.

- \$15 per person, \$180 minimum
- Great for groups 12 to 100
- Allow 1 to 2 hours





BLINDFOLD CHEF

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With Pizza, Breakfast or Dessert

Want to be the Head Chef on your team? Our signature cooking challenge focuses on communication, creativity, and teamwork. Teams are given brief instructions and all the ingredients necessary to build their creation. Who will be the lucky one to taste test? Give your team a break after a long day of meetings, get them up and moving in the AM, or reward them with an afternoon dessert.

- \$25 per person, \$250 minimum
- Great for groups up to 36
- Times vary



SIGNATURE

TEAM BUILDING EVENTS

SURVEY SAYS...

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Knowledge-based | Fast-paced fun

How well do you know your company and co-workers? Our Survey Says game show follows the familiar format of Family Feud. We gather answers by sending a survey to your company. The results are incorporated into a customized game show just for your group. Discover interesting revelations about your company—and their colleagues. A live host keeps the game moving while a computer-generated presentation celebrates fun facts and important ideas about your company.

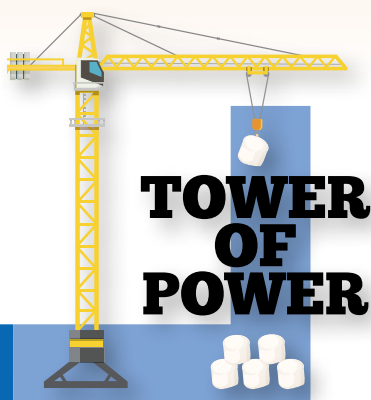
- \$500 per event
- Great for groups up to 36
- 60-90 minutes



TEN EVENTS TO CHOOSE FROM!

2 TRUTHS & A LIE for groups up to 60

Use this classic ice breaker to create a way for your group to learn fun facts about each other that might not come up in your everyday conversation. Each person thinks of three statements about themselves. Two of the statements are true, but one is a lie! The rest of the group guesses which one is bogus. If you've done this ice breaker before, ask your Sales Coordinator about Two Truths & A Dream Wish.



TOWER OF POWER

for groups up to 60

This tower building competition encourages communication and creative problem solving through collaboration. Each team uses a bag of marshmallows and a box of tooth picks, or a deck of cards, to create the highest tower possible, in this timed event.

INTRODUCTION BINGO for groups up to 60

This is a great way for large and small groups alike to get to know each other. Each player or team gets a BINGO card with a variety of questions in the squares. The individual or team is to go around the room introducing themselves and asking questions on the bingo square. The group will continue to do this until the pre-determined bingo is attained.

ORIGAMI BOAT RACE for groups up to 60

Teams must create an origami ship with paper provided. The trick: the paper stays in one part of the room, and the instructions stay in another! No cell phones please. This event emphasizes clear instructions and communication. We can add an additional twist, just ask!

ICE BREAKERS & ENERGIZERS AND “PICK 3” EVENTS

Average time per event: 30-40 minutes

Pricing for individual event: \$250

Pick 3 is \$25 per person | \$250 minimum

Pick 3 can be split up for 2 days

EZ

PUZZLED for groups up to 60

Your group will be challenged with assembling, solving or creating a simple child's puzzle in the allotted time. Does this sound too easy? We think so, that's why we add a twist. Revealing the twist just now would ruin the fun, but coordinators may contact us to learn more. We have a variety of puzzle ideas for this event, so you can choose which one fits your group's needs.

ISLAND HOPPING for groups up to 15

See how fast your group can make it from one point to another point without touching the ground. In this challenge, participants are given materials and the simple instruction to make it to a series of "islands" without touching the ground. The group is given one minute to communicate before beginning to build and walk!





(ICE BREAKERS & ENERGIZERS CONTINUED)

MINEFIELD recommended for groups up to 36

To develop trust within a team, there first must be a bond. This activity quickly builds that bond. A team leader is chosen and remaining team members are blindfolded and situated at the entrance of an area littered with cups, foam balls, or other objects. The team leader leads participants one at a time through the “minefield.” Touch just one object and you must go back to the end of the line!

PIPELINE recommended for groups up to 36

Each team must work together to transport a golf ball from one bucket to another using sections of pipe. Once the ball is started in the pipeline you can’t break the connection, drop, or touch the ball. If any of these scenarios happen then the team has to start over. Think you have it all figured out? We may throw in another challenge before you finish!

QUICK DRAW recommended for groups up to 20

This fast-paced game is modeled after the classic board game Pictionary™. Teams will race against the clock to draw people, places, or things. In the end, teams will go head-to-head in a Quick Draw Round.

Note: This game typically lasts 60 minutes.

COMIC STRIP SCRAMBLE recommended for groups 12-20

Your group will be challenged with sequencing a broken comic strip. One panel of the broken strip will be handed out to each person, who must describe their panel for the rest of the group. The group must determine the order of the panels based on the descriptions given.

THEMED EVENTS ON LAKE GALENA

EZ

CHAMPAGNE CRUISE OR MIMOSA MORNINGS

Weather permitting

Want a more relaxing event for all? Enjoy a gorgeous sunny afternoon or a beautiful evening sunset with one of our cruises on Lake Galena. Cruises include two bottles of our house wine or champagne, or, for a family friendly event, St. Julian sparkling non-alcoholic wine.

- \$125 per hour with 7 people max per boat and a driver included
- Coolers of beer, soda, and water available for an additional cost

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FISHING TOURNAMENT

Weather permitting

Enjoy the beauty and fishing on beautiful Lake Galena in one of Eagle Ridge's pontoon boats. We will supply up to 5 fishing poles per boat, one dozen night crawlers, basic tackle, measure tape, and a map of the lake showing our great fishing locations. Please see lake rules for creel limits and regulations. Beverages or lunch can be provided for an additional cost.

- \$55 per hour with 7 people max per boat
- Add a captain for an extra \$25 per boat, based on availability



SPORTING EVENTS

GOLF *four championship courses to choose from*

Let us organize your corporate golf outing, complete with flag events, prizes, and a catered meal afterwards. Non-golfers are encouraged to ride along and give swing tips, or sneak off and use our Stonedrift Spa to relax and unwind.

- *Call for pricing*

FOOTGOLF *combines soccer and golf skills*

Instead of clubs and a golf ball, players kick a soccer ball towards the hole in the fewest “strokes” possible.

The game is played with a regulation #5 soccer ball using a shortened course and 21-inch holes. FootGolf is a fully evolved sport, complete with its own worldwide governing body (the Federation for International FootGolf, or FIFG), rulebook, and even uniforms of argyle socks and soccer shorts (required only for World Cup play, but it’s encouraged here at Eagle Ridge).

- *\$15 per person for 18 holes*
- *Pricing is subject to availability and time of year booked*
- *Great for groups up to 36*

SPORT EQUIPMENT RENTAL *includes set-up*

We currently offer equipment, facilities, and coordination for many sports including bean bag toss, ping pong, kickball, softball, football, basketball, tennis, sand volleyball and many more.

- *\$15/hr for scorekeeper*
- *Equipment rental complimentary for Eagle Ridge guests*



GROUP ACTIVITIES

CAMPFIRE & S'MORES GALORE!

Gather your group around a warm campfire. We'll set everything up and tend the fire while you enjoy your afternoon or evening. We offer a two-foot or five-foot fire pit. We provide s'mores as individual packages for \$2.50 per package.

- \$150/2 hours, \$50 each additional hour

CORK AND CANVAS an over 21 event

Have an afternoon off or want to provide an event for spouses? Instructed painting classes are a popular trend all across the nation. An instructor leads participants through step-by-step instructions to paint a specific picture. Participants sip a glass of wine while they create their masterpiece. This event typically lasts two hours.

An alternative option connects the joys of wine and painting even more: your group can actually paint wine glasses! Participants can follow an instructor's step-by-step instructions or create their own design. Wine-glass painting lasts about two hours.

- \$60 canvas per person | \$55 wine glass painting per person
- Groups up to 50 (8 people minimum)

YOGA | GUIDED HIKING | NATURE WALKS

Relieve stress by escaping and connecting with your very own yoga instructor, or explore 20 plus miles of paved wilderness trails that wind through the rolling hills and valleys of The Galena Territory.

- \$150 per event
- Groups up to 15





AQUATICS FACILITY

Swim a few laps or just relax in our aquatics area, which offers a pool, steam room, and sauna. The unique retractable roof can be opened on warm summer afternoons and closed when it's rainy and cold. The facility is open year round.

BOAT RENTAL

Take a cruise on Lake Galena in one of our canoes, kayaks, paddleboats, or pontoons. Canoes, kayaks, and paddleboats are complimentary to resort guests for up to two hours each day. Not looking to drive? Sit back and let one of our experienced captains guide your pontoon around the lake for an additional \$25/hour, based on availability.

- \$50 per hour for pontoons



FITNESS CENTER

Just because you're on vacation doesn't mean you have to take a vacation from your fitness routine. Our state-of-the-art fitness center has both cardio and strength equipment with a great lakeside view.

All information in this document, including pricing and availability, is subject to change without notice. A 22% gratuity will be added to all Group Recreation and Team Building. Must cancel 72 hours before scheduled event or the group may be subject to the full fee.

ADDITIONAL ACTIVITIES AND EVENTS

SLIP-N-SLIDE KICKBALL

What happens when you combine a slip-n-slide with kickball? The answer is pure EPIC-ness! You play a kickball game like you are used to, but you use slip-n-slides as your baselines and slide into kiddie pools as your bases. It will be a memorable game to play with your friends or associates! Duration: 30-90 mins (customizable).

- \$15 per person, \$250 minimum
- Groups 14 to 32

GARBAGE GOLF

Teams work to design and create their own golf hole using the “garbage” supplied. Teams must be innovative and learn to share resources to create the best course. Teams test their hole and set par, then the group plays the whole course indoors or outdoors. Takes 1-2 hours.

- \$25 per person, \$250 minimum
- Groups 10 to 32

HAYRIDE

Explore The Galena Territory on a private horse-drawn wagon.

- \$250 for 2 hours
- Groups up to 20

HORSEBACK RIDING

Offering 40 miles of groomed trails, the Shenandoah Riding Center caters to all ages.

- 815.777.9550 or theshenandoahridingcenter.com for more info.

HOT AIR BALLOON RIDES

Take in the breathtaking views overlooking historic Galena and the surrounding countryside in a hot air balloon. Flights can be arranged at sunrise and sunset. A once in a lifetime experience!

- 815.777.2747 or [contact buyaballoonride.com](http://buyaballoonride.com) for more info.

ZIPLINES

Enjoy a two hour adventure through the wilderness. Ascend 15 feet to the first platform, reach heights of 75 feet, glide through trees on 6 zip lines up to 1,230 feet long, cross a 140 foot Sky Bridge, and rest your feet firmly on the ground after a 40 foot rappel.

- 815.281.2853 or longhollowcanopytours.com for more info.

TEAM BUILDING

AT EAGLE RIDGE RESORT & SPA



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RESORT & SPA

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